Prove that if x is even, then x + 5 is odd.

Restatement in symbols: $\forall x \in \mathbb{Z}^{\text{even}} \text{ Odd}(x+5)$.

Proof:

Let x be an arbitrary even integer.

[This is a prose form of universal instantiation.]

[Label where your proof starts.]

By the definition of even, there exists an integer k such that x = 2k. [We know x is even, so we invoke the definition of even.]

By algebra, x + 5 = 2k + 5 = 2k + 4 + 1 = 2(k + 2) + 1. [We are trying to make x + 5 look like 2 (an integer)+1].

Let m = k + 2. $m \in \mathbb{Z}$ by the closure of the integers under addition. [Must show that this is an integer.]

x + 5 = 2m + 1, and therefore x + 5 is therefore odd by the definition of odd.

[We have shown what we wanted to prove, that x + 5 is even, so we may stop here. Some people would continue with the following:]

Because x was chosen arbitrarily, we know $\forall x \in \mathbb{Z}^{\text{even}} \operatorname{Odd}(x+5)$.

[The statement above is a prose form of universal generalization.]

Alternative restatement in symbols: $\forall x \in \mathbb{Z} \text{ Even}(x) \to \text{Odd}(x+5).$

[Label where your proof starts.]

Let x be an arbitrary integer.

Assume x is even.

Proof:

[This is a prose form of opening a conditional world.]

[This is a prose form of universal instantiation.]

By the definition of even, there exists an integer k such that x = 2k. [We know x is even, so we invoke the definition of even.]

By algebra, x + 5 = 2k + 5 = 2k + 4 + 1 = 2(k + 2) + 1. [We are trying to make x + 5 look like 2 (an integer)+1].

Let m = k + 2. $m \in \mathbb{Z}$ by the closure of the integers under addition. [Must show that this is an integer.]

x + 5 = 2m + 1, and therefore x + 5 is therefore odd by the definition of odd.

[As in the first example, we have shown what we wanted to prove, that x + 5 is odd, so we may stop here. Some people would continue with language describing the closing of the conditional world, and the universal generalization.]